

Food for Thought

Scripture: Numbers 6:24-26, Matthew 6:7-13, Mark 14:32-36, Luke 10:25-28

Questions to Reflect On:

1. Are there practices from your younger days or family practices that have informed your understanding of prayer?
2. As you have grown in your faith, what are new practices/elements of prayer that have become important to you?
3. Besides prayers of petition and thanksgiving for yourself and your loved ones, what are issues in the world you are being led to pray for?

Notes: _____

Further Discovery

Today Pastor Brian mentioned the Shama Prayer, an ancient and still used prayer in the Jewish Tradition. If you would like to learn more and learn how to incorporate this ancient form of spirituality (that Jesus prayed every single day) we invite you to visit: www.bibleproject.com and then enter Shama in the search tool.



August 7, 2022

Scripture: Numbers 6:24-26, Matthew 6:7-13, Mark 14:32-36, Luke 10:25-28

Today in the 9:30am Worship Service

Prelude:	<i>Solemn Meditation</i>	Tom Birchwood
Opening Hymn:	<i>Down in the River to Pray</i> Sanctuary Choir	Alisson Kraus
Special Music:	<i>The Power to Redeem</i>	Lauren Daigle
Offertory:	No, Not One	James Southbridge
Closing Hymn:	<i>Sweet Hour Of Prayer</i>	Hymn no. 496

Preaching: Rev. Brian T. Parcel **Assisting:** David Hall
Liturgist: Glenda McKibben **Worship Coordinator:** Alan Hay
Acolyte: Alex Malave, Nolan Bumatey
Director of Choral Ministries: Korrie Yamaoka
Assistant Music Director: Michiko Lohorn

Today in The Crossing Worship Service

<i>Love Found Me</i>	Revive
<i>I Am</i>	David Crowder Band
<i>Down in the River to Pray</i>	Alisson Kraus
<i>Have Your Way</i>	Elizabeth Hunnicutt
<i>Wild Heart</i>	Urban Rescue

Preaching: Rev. Brian T. Parcel **Assisting:** Raelynn Fuson
Worship Coordinator: David Balk
Music Team: Rob Lohorn, Steve Scott, Korrie Yamaoka

Due to rising Covid infection rates we are following the recommendation of County Public Health Officials to mandate mask wearing indoors on the FUMCCV Campus. We have masks available if you do not have one and we are still live-streaming all of our worship services if you would feel more comfortable staying home and not wearing a mask.

Phone: 619.656.2525
Website: www.fumccv.org
Fax: 619.421.7190
Email: info@fumccv.org

Rev. Dr. Brian T. Parcel, Lead Pastor
Rev. Sandra K. Olewine, District Superintendent
Bishop Grant J. Hagiya

FUMCCV
1200 East H Street
Chula Vista, CA 91910

Register your attendance here!

Scan the QR Code using your smartphone camera, click the link, and then fill out the form. You can update your information, share prayer requests, and more!



Altar Flowers

Donating altar flowers on Sunday is a way to recognize significant events in your family's life. Anyone can donate one or two Altarpieces. If you are interested, please contact Jen Fuentecilla in the church office about available dates. jennifer.fuentecilla@fumccv.org

36 Rose Altarpiece in a Vase.
Available in white, pink, yellow, and red.
Premium \$75

Royal Altarpiece in a Vase
Shades of red and lavender with added lush greenery.
Medium \$70

Wildflower Altarpiece in a Vase
Has vibrant colors of deep purples and contrasting pinks.
Small \$65

Coffee Fellowship on Quad

Every Sunday beginning in August we invite you to join us on the Quad in between worship services for coffee and lite refreshments. Most weeks the coffee and treats are free (donations accepted) and once a month there will be specialty coffees and treats offered for purchase as a fundraiser for the Youth Ministries.

There is seating, lawn games and usually one or two ministries will be advertising their upcoming opportunities. This is literally the center of campus and also the center of our spiritual community....it is here that you can meet people on a deeper level and learn more about how you can get involved in new ways.

Each week one family/ministry will host the fellowship, which means they will arrive a little early and made the coffee, set out some small treats they have purchased and oversee the replenishment of the refreshments throughout the fellowship. This is a pretty simple way to serve, if you would like to be included in the rotation please let us know at www.info@fumccv.org.

Weekly South District Prayer

South District Superintendent, the Rev. Sandra Olewine, has invited us to pray for two churches/ministries in our district every week.

Join us in prayer this week for:

Fountain Valley UMC: Luther Seminary, Pastor Alan Padgett

Pacific Beach UMC: St. Luke's Hospital, Pastor Dulce Proud

FALL 2022 CHILDREN & YOUTH CHOIRS

FUMCCV MUSIC MINISTRY

RETURN IN SEPTEMBER!

CHERUB (K - 2ND GRADE) STARTS THURSDAY, SEPT 1ST 4:30 PM - 5:15 PM	VOICES IN PRAISE (3RD - 6TH GRADE) STARTS THURSDAY, SEPT 1ST 5:30 PM - 6:30 PM	POLYPHONIX (7TH - 12TH GRADE) STARTS SUNDAY, SEPT 11TH 12:15 PM - 1:15 PM
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VISIT FUMCCV.ORG/MINISTRY_MUSIC FOR MORE INFORMATION OR CONTACT KORRIE YAMAOKA FOR MORE INFO! KORRIE.YAMAOKA@FUMCCV.ORG

REGISTER TODAY!
FUMCCV.ORG/MINISTRY_MUSIC

Fall Youth Ministry Programming

We're so excited to be welcoming back our youth on July 24th, 2022 for the first time since earlier this year! Youth group will continue to meet on Sundays from 2pm to 4pm in the youth room. Bible Study will start Wednesday August 3rd from 6:30-7:30pm in the same place each week. We'll also be adding a video game night into our rotation on the second Tuesday of each month from 6:30pm to 7:30pm. Lastly, registration for confirmation will begin on August 14th, with classes to start September 11th. See our full program calendar at www.fumccv.org/ministry_youth/.

Reach out to Aries about any questions you may have regarding youth ministry at aries.ramirez@fumccv.org. See our full program calendar at www.fumccv.org/ministry_youth/.

Save the Dave – LIFE Group Faire

Sunday August 21 - FUMCCV Quad between worship services

Come and meet our LIFE Group leaders and see what group is perfect for you to join.