

## Food for Thought

**Scripture:** Leviticus 27:30-34, Leviticus 19:9-10, Proverbs 3:9-10, Matthew 6:1-4

### Questions to Reflect On:

1. What causes, outside the church, do you find important and feel called to support with your time, talent or finances?
2. Name someone in your life who has inspired you to be more generous and share about why they inspire you.
3. What are ways over the next year that you could increase your generosity of time, talents and finances in the church and world?

Notes: \_\_\_\_\_  
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### 10 Ways to Practice Generosity this Week

Check out this simple list of ways to be generous that don't include your money, generosity goes way beyond our bank account.

1. Be generous with your gratitude.
2. Flatter the people around you.
3. Perform random acts of kindness.
4. Donate blood.
5. Volunteer in your community.
6. Donate money to a charity you respect.
7. Use your skills and expertise to help.
8. Praise a cafe, artist, or business on social media.
9. Check in on someone who might need help.
10. Spread good news.



<https://www.wikihow.com/Be-Generous?amp=1>

## October 16, 2022

**Scripture:** Leviticus 27:30-34, Leviticus 19:9-10,  
Proverbs 3:9-10, Matthew 6:1-4

### Today in the 9:30am Worship Service

<b>Prelude:</b>	<i>Lord, Have Mercy</i>	Edward Broughton
<b>Opening Hymn:</b>	<i>Jesu Jesu</i>	Hymn no. 432
<b>Middle Hymn:</b>	<i>Bless Thou the Gifts</i>	Hymn no. 587
<b>Special Music:</b>	<i>I Have Found My Peace</i> Serenity Singers	Stephen Decesare
<b>Offertory:</b>	<i>In Meeting We Are Blessed</i> Serenity Singers	T. Robertson, R. Gatsnahos, J. Donne
<b>Closing Hymn:</b>	<i>I Surrender All</i>	Hymn no. 354

**Preaching:** Rev. Dr. Brian T. Parcel **Assisting:** Andy Knoch  
**Liturgist:** Carl Hammond **Worship Coordinator:** Alan Hay  
**Acolyte:** Raina Jones, Nolan Bumatay  
**Director of Music Ministries:** Korrie Yamaoka  
**Assistant Music Director:** Michiko Lohorn

### Today in The Crossing Worship Service

<i>The Love of the Father</i>	CityAlight
<i>Save Me From Myself</i>	Carpark North
<i>Cast My Cares</i>	Alli Rogers and Tim Timmons
<i>From The Inside Out</i>	Joel Houston
<i>I Surrender All</i>	Judson W. Van DeVenter

**Preaching:** Rev. Dr. Brian T. Parcel  
**Assisting:** Rev. Mary Allman Boyle **Worship Coordinator:** David Balk  
**Music Team:** Steve Scott, Rob Lohorn, Korrie Yamaoka

### Register your attendance here!

Scan the QR Code using your smartphone camera, click the link, and then fill out the form. You can update your information, share prayer requests, and more!



Phone: 619.656.2525  
Website: [www.fumccv.org](http://www.fumccv.org)  
Fax: 619.421.7190  
Email: [info@fumccv.org](mailto:info@fumccv.org)

Rev. Dr. Brian T. Parcel, Lead Pastor  
Rev. Sandra K. Olewine, District Superintendent  
Bishop Grant J. Hagiya

FUMCCV  
1200 East H Street  
Chula Vista, CA 91910

## All Saint's Day Service

Our annual All Saint's Day Service is **Tuesday, November 1st at 7:00 PM**. This service will be offered in-person in the Sanctuary and via live stream. This is a service in which loved one's from our church, families and community are remembered and honored. It is a powerful service of mourning and gratitude. If there is a special someone in your life who has died since November 1 last year and you would like them remembered please note your Sunday worship attendance registration "All Saints (Full name of the one you want remembered)". You can also call the church office 619-656-2525 or send the information via email to [info@fumccv.org](mailto:info@fumccv.org). The last day to submit names is Wednesday October 26. If you submit a name we ask that you be in attendance to help us remember that special person. We hope all will join us for this special service.



**FALL FESTIVAL  
TRUNK-OR-TREAT**

**SATURDAY, OCTOBER 29  
10:00AM - 12:00PM**

Pick a theme or create your own design.  
You could win a prize for **BEST DECORATED TRUNK!**  
Have fun, get creative and be a safe candy station  
for the children in our community!

**PUMPKIN PATCH**  
COOKIE DECORATING  
INFLATABLE OBSTACLE COURSE

**CRAFT STATION**  
MUSIC  
PHOTO OPPORTUNITIES

## Mexico Mission Trip



Are you called to GENEROSITY through the Mexico Mission Trip?

- All are welcome to join us in Ensenada, Mexico  
*January 12-16, 2023.*

- Step #1 is to fill out the interest survey at [www.fumccv.org/ministry\\_missions\\_mexico](http://www.fumccv.org/ministry_missions_mexico)
- All are encouraged to give financially for this trip. We will be building 3 houses this year so will be raising about \$25,000 total, help us reach our goal and give today via the offering plate or online at [www.fumccv.org](http://www.fumccv.org) (click giving on the top banner).

## Weekly South District Prayer

South District Superintendent, the Rev. Sandra Olewine, has invited us to pray for two churches/ministries in our district every week.

Join us in prayer this week for:

Descanso: Chapel of the Hill, *Pastor Julie Elkins*

El Cajon: Chapel of the Valley, *Pastor Julie Elkins*

## Discipleship Pathway Course #2

The Discipleship Pathway is an intentional set of 7 courses, each lasting 4-6 weeks, designed to build a strong Christian foundation. One can choose to take all 7 courses or pick the courses most interesting to you.

Course #2, "What is the Bible", with Rev. Anne Robertson begins this month. This course will meet Wednesday Oct. 26, Nov. 2, 9, 16, 30 and Dec. 7 and you can choose the 1:00 pm or 6:30 pm session. All sessions will be held in the Church Library.

To save your seat and have an advance copy of the participant book (\$15 cost collected at the first session), please email [info@fumccv.org](mailto:info@fumccv.org) and let us know how many people will be attending and if childcare is needed (childcare only offered for evening sessions).

## Women's Retreat Coming this Fall

We have been given a unique opportunity to partner with Retreat Leader, Linda Riddle (a long time Methodist and spouse of a United Methodist minister) for a women's retreat this fall. The retreat will take place at **Mision San Luis Rey** on **November 11-13, 2022**. Linda writes, "We are long overdue for some time away and fellowship with each other and God. The Retreat Weekend includes 2 nights stay, six meals (Friday dinner through Sunday lunch) and a weekend full of depth, inspiration, sisterhood, laughter, fun and getting to know yourself better through God's vision."

Since FUMCCV is providing some administrative assistance to the Retreat Leader, the women of FUMCCV get to sign up before registration is opened to the rest of the South District.

More information can be found at [www.fumccv.org/womensretreat](http://www.fumccv.org/womensretreat)