

# Food for Thought

Scripture: Acts 8:26-40, Matthew 3:13-17

## Questions to Reflect On:

1. Is there a particular baptismal experience that you remember well or was meaningful for you to witness?
2. Why does Baptism matter in the life of a Christ follower?
3. As you renew your baptismal vows this year what are the specific areas of renewal you are praying for?



### Join us for the Worship/Discipleship Series in January

**Becoming**.....every moment you, and everybody else, are becoming something different than they were just a moment ago. This is God's design and this is just the facts of science and how the world works – you are different now than when you began reading this sentence. Of course, you are different in microscopic ways; what if we extrapolated this idea into larger ideas and expected that God was constantly changing us for the good in every single way. Imagine that God is helping us to become more whole and holy in a variety of ways: intellectually, physically, emotionally, mentally, and more. Join us for this Sermon Series and discover more about who you are Becoming.

### Resource for digging deeper:

1. **The Order of Time** by Carlo Rovelli is a wonderful but challenging book that will certainly expand your mind about time and how we move through God's creation. Pick up a used copy for less than \$5 on Amazon.
2. **Becoming** by Michelle Obama is a wonderful, thoughtful, easy to read book detailing some of her story and thoughts about becoming something she never imagined, the First Lady. You can pick up a copy at Amazon for about \$10.

Make sure you pick up a January Prayer Calendar next time you are on campus or visit [www.fumccv.org/prayer/](http://www.fumccv.org/prayer/)

### January Potluck - Sunday January 29th, 5-7 pm.

We will gather at 5:00 pm for food and fellowship and then from 6-7 pm receive testimony in word, photo and video from our Mexico Mission Team. We are eager to hear what God helped them BECOME through their work and service. All potluck contributions are welcome but a special thank you to any who prepare a Mexican food dish for this meal.

## January 8, 2023

Scripture: Acts 8:26-40, Matthew 3:13-17

### Today in the 9:30am Worship Service

<b>Prelude:</b>	<i>Joy Are Flowing Like a River</i>	Douglas Wagner
<b>Opening Hymn:</b>	<i>When Jesus Came to Jordan</i>	Hymn no.252
<b>Special Music:</b>	<i>Come Alive (Dry Bones)</i> Korrie Yamaoka	Lauren Daigle
<b>Hymn of Illumination:</b>	<i>Sanctuary</i> Sanctuary Choir	J. Thompson, R. Scuggs
<b>Baptismal Hymn:</b>	<i>Down in the River To Pray</i> Sanctuary Choir	Traditional Southern Gospel Song
<b>Offertory:</b>	<i>I To the Hills Lift Up My Eyes</i>	Lani Smith
<b>Closing Hymn:</b>	<i>Take My Life and Let It Be</i>	Hymn no.399
<b>Congregational Benediction:</b>	<i>Go Forth for God</i>	Hymn no.670

**Preaching:** Rev. Dr. Brian T. Parcel

**Assisting:** David Hall **Liturgist:** Lloyd Weaver, Connie Weaver  
**Worship Coordinator:** Alan Hay **Acolyte:** Alex Malave, Raina Jones

**Director Music Ministries:** Korrie Yamaoka

**Assistant Music Director:** Michiko Lohorn

### Today in The Crossing Worship Service

<i>The Love of the Father</i>	CityAlight
<i>Song Of Hope (Heaven Come Down)</i>	Robbie Seay Band
<i>Come Alive (Dry Bones)</i>	Lauren Daigle
<i>Down in the River to Pray</i>	Alison Krauss
<i>In The River</i>	Jesus Culture

**Preaching:** Rev. Dr. Brian T. Parcel

**Assisting:** Aries Ramirez **Worship Coordinator:** David Balk  
**Music Team:** Rob Lohorn, Bethany Gilbert, Steve Scott, Korrie Yamaoka

### Register your attendance here!

Scan the QR Code using your smartphone camera, click the link, and then fill out the form. You can update your information, share prayer requests, and more!



Phone: 619.656.2525  
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Fax: 619.421.7190  
Email: [info@fumccv.org](mailto:info@fumccv.org)

Rev. Dr. Brian T. Parcel, Lead Pastor  
Rev. Sandra K. Olewine, District Superintendent  
Bishop, Dottie Escobedo-Frank

FUMCCV  
1200 East H Street  
Chula Vista, CA 91910

## Welcome to Our New Bishop, Dottie Escobedo-Frank



Bishop Escobedo-Frank was Ordained an Elder in the UMC in 2000 in the Desert Southwest Conference after pursuing a career in Social Work for a number of years. She has spent her entire pastoral career in the Desert Southwest Conference, serving six different churches and as a District Superintendent. In addition to her local church work, the Bishop has been very active in social justice and advocacy work focused on a variety of

people groups who often find themselves on the margins of society. Bishop Escobedo-Frank has been assigned to serve our Conference and will begin a 5.5 year tenure on January 1, 2023. Please be in prayer for our new Bishop as she transitions to a new job, new location and new home.

## Discipleship Pathway Course 3

The Discipleship Pathway at FUMCCV is an intentionally designed set of 7 courses that assists the “new or not yet” believer to find your way or the seasoned believer to stay on track. You can join the series of 7 at any point. The next course to be offered is Course 3, Introducing the Old Testament, by Rev. Anne Robertson.

This course will be led by Pastor Brian and will meet Jan. 11, 18, 25, Feb. 1, 8, 15. All meetings will take place in the Church Library and you can choose the 1:00 pm class or the 6:30 pm class. The only cost for this course is \$15 for the participant book. You can go online and pay direct for your own copy or you can wait and place an order on the first day of class. *Please call/email the church office and let us know to save you a seat for this course (619-656-2525 / info@fumccv.org).*



JANUARY 2023

MISSION OF THE MONTH  
**FRESH FOOD**  
drive

**January 22nd**  
9am - 12pm

HELP CARE FOR OUR  
NEIGHBORS IN NEED

IN SUPPORT OF THE  
NORMAL HEIGHTS UMC  
COMMUNITY FRIDGE

Drop off fresh fruits, veggies, or  
a \$20 grocery gift card to either  
missions table (Sanctuary or  
Fellowship Hall) as part of our  
mission of the month drive!

FOR MORE INFO CONTACT ARIES  
ARIES.RAMIREZ@FUMCCV.ORG

## Weekly South District Prayer

South District Superintendent, the Rev. Sandra Olewine, has invited us to pray for two churches/ministries in our district every week.

Join us in prayer this week for:

Lemon Grove, *Pastor Trish Rae*  
Linda Vista, *Pastor Mary Dang, Pastor Jeri Newell-Davis*

<b>January</b> <b>Service Opportunities</b>	<b>Mission of the Month</b> Jan. 22nd: Drop off fresh fruits & veggies or a \$20 Ralphs card in the office for the Normal Heights community fridge as part of our mission of the month drive! (9a-12p @ mission corners)
<b>MISSION OF THE MONTH</b>  <b>FRESH FOOD DRIVE</b>	<b>Saint Paul's UMC - Food Bank Volunteers</b> Help out Saint Paul UMC while the Nestor Good Neighbor Center is going through construction!  Volunteers are needed on the 1st & 4th Thursday of the month from 12pm to 3pm.  <small>For more info, E-mail Aries aries.ramirez@fumccv.org</small>

## Mexico Mission Team

This week 38 of our FUMCCV Faith Community will travel to Ensenada, Mexico to represent us and Christ as short term missionaries and build two houses for families that are without right now. These 38 represent:

- 9 Youth
- 8 College Students
- 11 people on their first Mexico Mission Trip
- 5 FUMCCV families (parents and kids on the team)
- 27 who are returning to this mission trip again this year, many of whom have been multiple times

Here are ways you can support our Mission Team

- 1. Pray** — for safe travel down on Thursday and home on Monday and for safe/productive work on Friday, Saturday, Sunday
- 2. Give** — Each house, to build and furnish, is about \$7,000. We have raised the majority of these funds but still have a little ways to go.
- 3. Send off** — Gather with the team on Thursday January 12th, 1:30 pm, in front of the Sanctuary for a send off prayer
- 4. Celebrate** — Join us on **Sunday January 29, 5 pm**. In the Fellowship Hall for a Potluck and celebration of the mission. Everyone is invited to bring something to share (special bonus points for bringing food with a Mexican/Latin flavor), and we will hear/see testimony in video, photo and spoken word.